

Louisiana Tobacco Cessation Services

Louisiana Tobacco Quitline

The Louisiana Tobacco Quitline (QL), 1-800-QUIT-NOW, is an evidenced-based program which provides free confidential advice and support by trained tobacco cessation specialists to Louisiana residents ages 13 and older who want to quit tobacco use. Service is available in over 150 languages including English and Spanish.

Freedom From Smoking Program - American Lung Association

The FFS program is an 8-session group face-to-face counseling program which uses a positive behavior-change model to help an individual quit tobacco. Each session is led by a certified tobacco cessation specialist. For more information contact ALA at 504-828-LUNG (5864). <http://www.louisianalung.org/>

Fax-To-Quit Louisiana

The Fax-to-Quit Louisiana Program is the core of the Health Provider Initiative. The Health Provider Initiative (HPI) uses a health-systems approach to cultivate adherence to Public Health Services Clinical Best Practice Guidelines for Tobacco Use and Dependence by providing clinicians with an evidenced-based tobacco cessation intervention and a direct link to evidenced-based tobacco cessation services.

HPI affords health providers with pharmacotherapy & Medicaid/Medicare coverage information, an evidenced-based tobacco screening tool and a proactive link, via fax, to the Louisiana Tobacco Quitline. The Quitline then initiates a call directly to the health provider's patient.

Quit With Us, La

Built to seem like more of a grassroots effort of community outreach more than a government program, this approach welcomes those suffering from tobacco addiction with open arms. The literal invitation to "Quit With Us, Louisiana" speaks to the vast diversity of people in a very neighborly fashion. The entity is for the people, by the people.

Quit With Us, LA provides comprehensive resource information and links to tobacco cessation services statewide. The website also has Healthcare Provider resource information in an effort to equip Louisiana's providers with evidenced-based tobacco cessation tools and information. For more information, please visit www.QuitWithUsLA.org.

Louisiana Tobacco Cessation Consortium

The Louisiana Tobacco Cessation Consortium (LTCC) is a collaborative union among professionals that utilizes the principles of Partnerships, Programs and Policy to expand the effectiveness of statewide tobacco cessation services. If you are a healthcare provider and interested in joining LTCC, please contact Tiffany Netters at 225.342.2664.



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Become An Ex

'Become an EX' is a comprehensive national tobacco cessation campaign that provides free on-line resources designed to help tobacco users create their own plan to quit smoking. Through the website, an individual can create their own individual quit plan receive on-line support and assistance. EX encourages smokers to approach quitting smoking by "re-learning life without cigarettes." <http://www.becomeanex.org>

LSU Tobacco Control Initiative

Tobacco Control Initiative (TCI) is the public, private, academic partnership between LSUHSC School of Public Health, the LSU Health Care Services Division (HCSD) and LSUHSC Shreveport (LSU-S) hospital systems, and the Louisiana Campaign for Tobacco Free Living (TFL). TCI seeks to integrate cessation services into existing healthcare delivery systems. The Initiative's goal is to reduce the prevalence of tobacco use among public hospital patients. To achieve this goal, TCI strives to identify all tobacco users, identify evidence-based treatment options that are appropriate for and acceptable to patients, and to provide cost-effective treatment options to patients, when possible.

LSU healthcare providers can refer patients for treatment using the TCI Outpatient Tobacco Cessation Referral form. Referred patients who are ready to quit within 30 days will be contacted and offered cessation treatment options, including behavioral counseling, social support and pharmacotherapy.

Additionally, designated TCI staff at each hospital conducts individual bedside consults with identified in-patient tobacco users. TCI is a standard of care service available to all patients, hospital employees, and the communities they serve.

Listing of LSU/HCSD Hospitals:

- Bogalusa Hospital
- E. A. Conway
- Earl K. Long Medical Center
- Huey P. Long Medical Center
- Lallie Kemp Medical Center
- Leonard J. Chabert Medical Center
- LSU Shreveport
- Medical Center of Louisiana
- University Medical Center
- W. O. Moss

For additional information on any of these services please contact Tiffany Netters, Program Manager, DHH/
Tobacco Control Program, tnetters@dhh.la.gov.

