



NOMC's ATHLETES in the ARTS Run the Crescent City Classic

By Stacey Morigeau,

NOMAF Prevent Death by Lifestyle
Coordinator

For the third year in a row, NOMC has partnered with Tobacco Free Living (TFL) and Team NOMC founder, clarinetist Evan Christopher, for the Crescent City Classic. Also joining the team for the second year was the Warren Easton Marching Band.

After completing the 10K race, Team NOMC took to a stage right outside the finish line "to funk it up" for the runners. Joining the Warren Easton Brass Band the musicians provided encouragement to the remaining racers. This year for the first time, the National Football League Players Association (NFLPA) sponsored the team, covering the registration fees for the students. Our musicians were sponsored via the NOMAF Gig Fund. To find out how you can participate on Team NOMC on upcoming walks and runs, please contact [Stacey](#). Upcoming walks will include the Making Strides Breast Cancer Walk in City Park in October and the Diabetic Walk through Audubon Park in November.



Featured Staffer



Wendy Bennett wed New Orleans traditional jazz musician and song writer Seva Venet at the NOMAF World Headquarters in early June.

Wendy Bennett, NP, a nurse practitioner from London, England, worked in London's inner city community clinics for 15 years before following her passion for traditional Jazz to New Orleans to become a tireless volunteer at the NOMC&AF. Her special interest is working with NOMC's patients with long-term health problems, like diabetes, to assist them in addressing the changes they need to make to combat "death by lifestyle."

"Diabetes is a global problem! The UK faces the same issues as the US and the two countries share similar support programs for patients," Wendy notes. As a vital member of NOMC's diabetic care team she encourages all New Orleanians who think they



NOMC at The Crescent City Classic

Practicing Safe Sounds

By Christophe Jackson,
Co-Director of the NOMAF Save Sounds Initiative

Today, more than half of professional musicians live with some degree of hearing loss caused by exposure to loud music over extended periods of time. To address the problem, our NOMAF team is following the "call to action" in protecting the hearing health of musicians has been issued by professional music and medical health organizations such as the National Association Schools of Music (NASM) and Performance Arts Medicine Association (PAMA).



February 26 kicked off the Safe Sounds Initiative at Snug Harbor. Experts shared their knowledge about noise protection and hearing safety to participants which include local musicians, club owners, DJs, musician advocates and acoustic engineers.

Our Safe Sounds Initiative has launched a program to prevent and educate musicians, soundmen, DJs, and club owners before they ever develop hearing loss, starting with the band room. The band room is the critical incubator where music-making behaviors are formed. We are putting together a team of engineers, architects, and designers to renovate and remodel the Warren Easton Band room with state-of-the-arts acoustic panels, sound buffers, and technology to offer them a safer and more engaging learning environment for making music.

For more information on practicing safe sounds, go [here!](#)

may be at risk to get screened. Risk categories include those over the age of 40, those who are overweight, those who previously had raised glucose readings or diabetes in pregnancies, and/or those who have a family history of the disease. Assess your risk of diabetes [here.](#)

Wendy stresses, "Diabetes does not have to be a death sentence." She recommends that all NOMC patients and their families join TEAM NOMC, our walking group; attending NOMC's diabetic luncheons; and utilizing the NOMC's medical resources so together we can "keep New Orleans' music alive."

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Musicians in New Orleans face a multitude of economic and health challenges, most of which directly or indirectly affect their physical and mental well-being. Here at the NOMC&AF, we strive to provide high quality health care at a minimal cost while also being innovators in creating sustainable resources to improve their quality of life. Join our community of supporters or renew your promise to help keep New

Happy Birthday 14th NOMC!

On May 1, the New Orleans Musicians' Clinic celebrated its 14th Birthday with a Rockin' Tribute to one of our first high-profile musician patients - the one and only Ernie K-Doe! Over 200 community members came out to the Palm Court Jazz Café that night to celebrate the release of Ben Sandmel's new book, Ernie K-Doe: The R&B Emperor of New Orleans and dance the watusi to K-Doe hits by the Blue Eyed Soul Review featuring Marcia Ball, Ernie Vincent, Tommy Singleton and Friends. To learn more about the NOMC's mission to keep music ALIVE in New Orleans or make a belated birthday donation, visit our [website](#).



NOMC founders Bethany and Johann Bultman, Patient Care Manager Felice Guimont, NOMC's Family Nurse Practitioner, Catherine Lasperches, and Palm Court owner, Nina Buck smile at the NOMC's 14th Birthday at the Palm Court - a Rockin' Tribute to Ernie K-Doe.

The New Orleans Musicians' Clinic work and mission was also recognized nationally on NPR's Weekend Edition for promoting wellness among New Orleans musicians so they can gig all the way through Jazz Fest. Check out the NPR story [here](#)!

Orleans music ALIVE! For every \$1.00 you donate we provide \$3.00 of primary and preventative care to over 2,400 New Orleans musicians and tradition bearers. Merci from the NOMC!

New Orleans Musicians' Clinic

New Orleans Musicians' Clinic (NOMC) and Assistance Foundation (NOMAF)



Hours: Monday-Thursday 10am to 4pm
504-415-3514 - info@nomaf.org