



PREVENT DEATH BY LIFESTYLE AT THE HEALTHY SUPPER BOWL JAM!

Healthy Supper Bowl Jam

New Orleans-April 15, 2013 - The New Orleans Musicians' Clinic (NOMC) and Assistance Foundation (NOMAF) are proud to announce its collaboration with New Orleans Faith Health Alliance (NOFHA) and First Grace United Methodist Church (FGUMC), Tales of the Cocktails and the New Orleans Chapter of the Barman's Fund. NOMAF is pleased to co-produce another foodtastic Healthy Supper Bowl Jam, highlighting wholesome foods, cooking methods and suggestions for healthy lifestyle changes. The event is part of NOMAF's Prevent Death by Lifestyle initiative.

This month, the Healthy Supper Bowl Jam will take place on Monday, April 22nd at First Grace Methodist Church Fellowship Hall (3401 Canal Street). The event kicks off at 6:00 p.m. with affordable healthy food options from Gary Granata, PhD of the New Orleans Slow

Food Nola Chapter, and La Cocinita. The JayuyaBacoa Dancers will give a Latin Dance Class followed with live music by Santiago.

The event is free and open to the public. We encourage all chefs, restaurateurs, waiters, cultural workers, musicians, artists, health advocates and the community at-large to come and enjoy the reasonably-priced, healthy food.



New Orleans Musicians' Clinic / Assistance Foundation

The mission of the New Orleans Musicians Assistance Foundation is to keep music alive by sustaining New Orleans musicians and tradition bearers in body, mind and spirit. We do this through providing access to health and social services through the New Orleans Musicians' Clinic, regardless of musicians' ability to pay, and by fostering cultural opportunities that advocate for and support this effort. To learn more visit www.neworleansmusiciansclinic.org or www.nomaf.org.

New Orleans Faith Health Alliance

New Orleans Faith Health Alliance (NOFHA) is a primary care center located in mid city New Orleans on the second floor of First Grace United Methodist Church. NOFHA has been in operation since November 2009. The mission of New Orleans Faith Health Alliance (NOFHA) is to provide access to affordable primary health care services for uninsured workers in the Greater New Orleans region. Individuals enroll as members of NOFHA, paying for primary care on a sliding scale based on income and family size. Health coaching, care coordination and assistance with referrals and accessing other services are provided at no cost to patients. In short, NOFHA provides care for the whole person - body, mind and spirit.

Slow Food New Orleans

Slow Food New Orleans supports the philosophy of Slow Food International that everyone has a fundamental right to the pleasure of good food and consequently the responsibility to protect the heritage of food, tradition and culture that make this pleasure possible. The food traditions of New Orleans are inseparably bound to its musical heritage, which combine to create a lush and internationally renowned culture. Food fuels the heart while music feeds the soul of a city and region where cultural influences from around the world simmer in a pot of gumbo that in turn feeds cultures of the world. Slow Food NOLA is thrilled and honored to partner with the New Orleans Musicians' Assistance Foundation to preserve and promote the unique food and music cultures of New Orleans. Please visit the Slow Food NOLA website to learn more about the local, national and international Slow Food movement. www.SlowFoodNOLA.com.

Stacy Head, an avid food truck enthusiast, also lends her support to the event. Always a champion for small businesses, Head is encouraged by the success of this series of Supper Bowl Jams, which support mobile vendors in addition to promoting healthy lifestyles.

LaToya Cantrell, City Councilmember District "B"

Councilmember Cantrell is a proud cultural enthusiast when it comes to all things NOLA. Her work as a community organizer, nonprofit leader and elected official has been dedicated to preserving the communities that make New Orleans unique. As chair of the Health, Education and Social Services Committee, she supports NOMAF's Prevent Death by Lifestyle initiative.

New Orleans Musicians' Clinic

Hours: Monday - Thursday : 10 AM - 4 PM

504-415-3514 : info@nomaf.org

Can't Make the Event?
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