



THIS WEEK AT THE NOMC

Upcoming Events

Lions Club Benefits for Our Patients & Friends



HEALTH SCREENING

Saturday, November 23rd | 11 AM - 3 PM

Harmony House Senior Home

2201 Barracks

The Uptown Lion's Club has been a strong supporter of NOMC&AF since its inception in 2010. The mission of the New Orleans Uptown Lions Club is to aid and assist NOMC in rendering health support to musicians of the area. This Saturday, November 23rd, the club will be hosting a health screening open to the public. Screenings offered will be diabetes, hypertension, dementia, lung as well as full eye screenings.

FALL FESTIVAL

Sunday, November 24th | 11 AM - 5 PM

Jefferson Lions Club Home | 2920 Arlington Street

The festival will feature food, music and a raffle. The event is free with proceeds from the food and beverage sales to support the New Orleans Musicians' Clinic. Musical entertainment will be Raphael Bas and Norbert Slama Trio (11 AM - 2 PM) and Benny Grunch and the Bunch (2 PM - 5 PM) Food will be provided by nine of New Orleans top chefs: Jacques Saleon (Chateau du Lac), Jean-Luc Albin (Maurice French Pastries), Michael Maenza (Mr. Mud Bug), Christian Karcher (Karcher's Catering), Rene Bajeaux (JW Marriott), Wolfman Kohler (Crescent City Brewhouse), Laurent Rochereax (Cafe Degas), Willy Coln and Gunter Preuss. There will be a New Orleans Saints football signed by Drew Brees that will be raffled off. Please join us for what will be an amazing event!



SPOTLIGHT

ON:

Emma

Melrose

NOMAF Community Health
Worker

NOMC is proud to welcome Emma Melrose, the newest member of our team. Emma has more than 30 years experience in the community, most recently working with N.O. AIDS Task Force. At the NOMC, she will work closely with our clinic social worker and our outreach partners at Ashe Cultural Arts Center to run a community health program and actively engage NOMC patients in their ongoing wellness and chronic disease management. Emma was recently trained through the University of South

Community Wellness

Program:

Brass Band Yoga

The New Orleans Jazz and Heritage Foundation, one of NOMC's founding organizations, recently made a generous donation of \$50,000 to support our medical care and to produce ongoing community wellness initiatives. Our newest program is weekly yoga for Brass Band members!



Working with Magnolia Physical Therapy, NOMC Brass Band Members take weekly yoga sponsored by [The New Orleans Jazz and Heritage Foundation](#)

As *Athletes in the Arts*, brass band musicians need flexibility and stamina to make it through gigs and long second lines! Working with Magnolia Physical Therapy and the Hot 8 Brass Band, our yoga participants focus on movement and breath to encourage wellness, rehabilitate their bodies and prevent injury. The work they do on the mat every week helps them spread messages of health and wellness to the New Orleans live music community and beyond!

Thank You New Orleans Red Dress Run!

NOMAF was pleased to receive a generous grant of \$4,000 from the Hash House Harriers Red Dress Run, a social event which provides grants to more than 60 organizations every year. The grant will be used to support NOMAF's Gig Fund, which provides music to events that focus on Music Arts Advocacy, Music Education/School based mentorship programs, Senior Citizen/Elder Programs and those with Health, Prevention and Outreach for area non-profits and supports more than 500 musicians per year with honorariums.



Erica Dudas, NOMAF Development Director with Curt McClain, President of the New Orleans Red Dress Run at the grants award ceremony

Alabama's Coastal Resource and Resiliency Center. Earlier this year, NOMAF received a generous community based sub-award from the Tulane University's outstanding Center for Gulf Coast Environmental Health Research, Leadership, and Strategic Initiatives to bring Emma on and implement our vision to create better health outcomes in our patient community.

NOMC's Donor Appeal is Around the Corner!



Visit www.nomaf.org/donations and make the musicians' clinic your charity of choice this year.

New Orleans Musicians' Clinic

New Orleans Musicians' Clinic (NOMC) and Assistance Foundation (NOMAF)



Hours: Monday-Thursday 10am to 4pm
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