



NEW ORLEANS
MUSICIANS' CLINIC
& ASSISTANCE FOUNDATION



RUN
WITH THE
NOMC!

Stick to your New Year resolution!

Join our charity running team at the All State Sugar Bowl Crescent City Classic 10K run on April 19, 2014

The first 100 individuals to [signup](#) & raise \$200 run for FREE!

READY?
SET?
GO!
JOIN OUR TEAM!

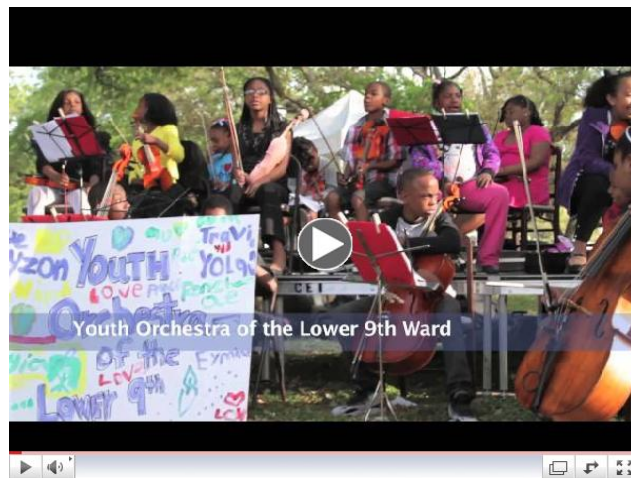
RUN/WALK/JOG

It's not too late to go from your couch to the 10K with this [easy to follow training guide](#) from the Allstate Sugar Bowl Crescent City Classic (also available in stores)

Team NOMC partners with Young Musicians for Healthy Futures



For the 5th Year, Allstate Sugar Bowl Crescent City Classic will sponsor young musicians from the Warren Easton Marching Band and area youth orchestras to be on team NOMC.



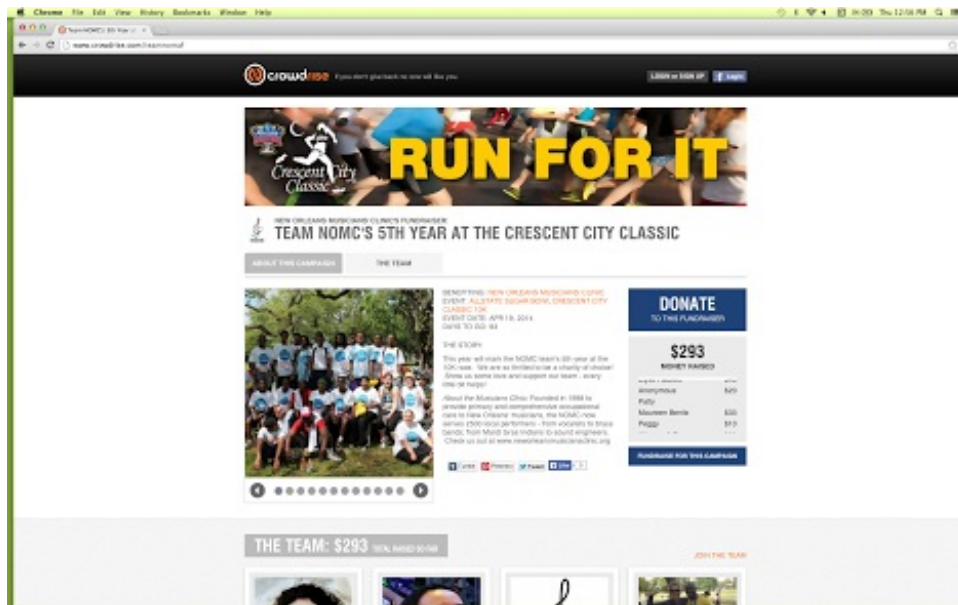
Video of Team NOMC at the 2013 Crescent City Classic



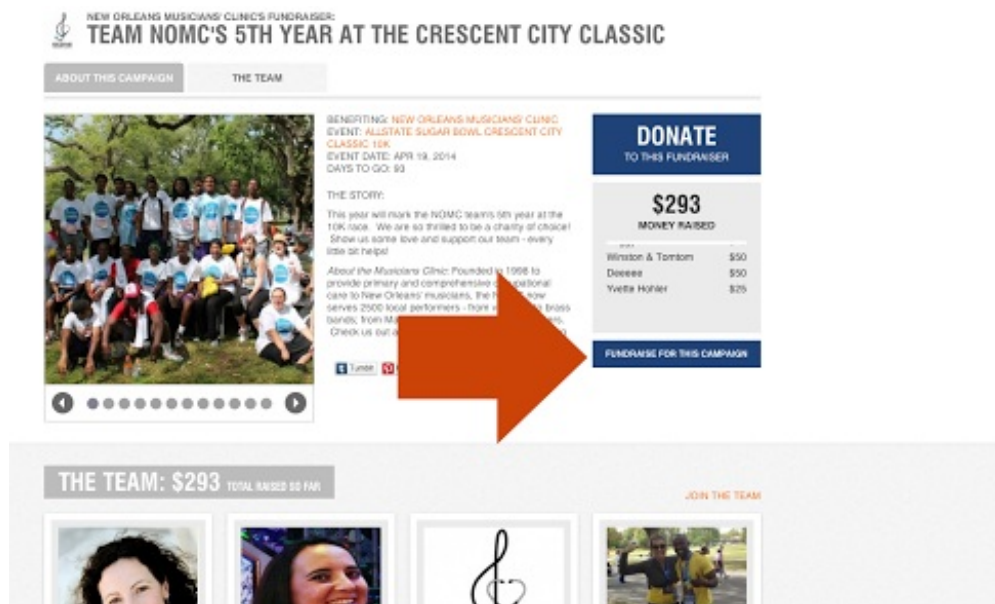
Can't Make Race Day?

Donate and cheer on our runners as they meet their running and fundraising goals!

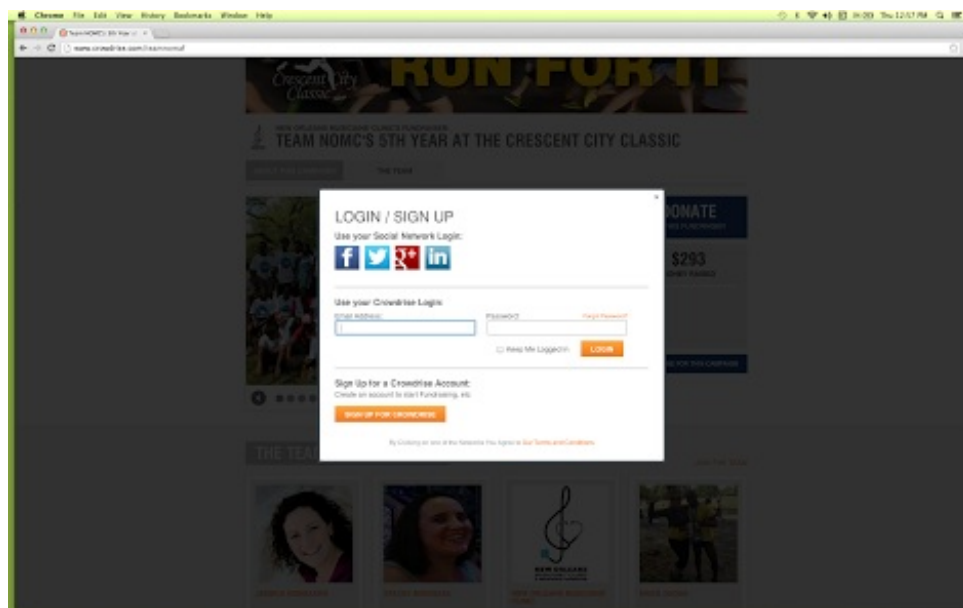
To Sign Up:



STEP 1: GO TO <http://www.crowdfunder.com/teamnomaf>



STEP 2: click on "Fundraise For This Campaign"



STEP 3: Sign up for Crowdrise by becoming a new member or log in with your social media account and [JOIN THE TEAM!](#) Upload photos and update your profile.

STEP 4: Ask your friends, family and co-workers to support your campaign! Any amount makes an impact but remember, only the first 100 runners to raise \$200 will run for free.

[New Orleans Musicians' Clinic \(NOMC\) and Assistance Foundation \(NOMAF\)](#)

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