



# PAY IT FORWARD:

Support Team NOMC in time for Saturday's Raceday!

**Dear Friends,**

NOMC is proud to participate in this Saturday's Allstate Sugar Bowl Crescent City Classic.

This is our 5th year running with the Warren Easton Marching Band and this time we will also be joined by several [charity runners](#) who have each pledged to raise \$200 or more before race day!

We need your help in meeting our \$15,000 fundraising goal. Can you pay it forward by making a tax deductible donation to one of our charity racers?

To see our full list of team members, visit [crowdrise.com/teamnomaf](http://crowdrise.com/teamnomaf) - throwing your support behind someone you don't know is fast, fun and easy! All gifts are 100% tax deductible and go to support patient care at the [New Orleans Musicians' Clinic](#). After the race, everyone is invited to jam at the NOMC stage near the City Park Finish Line with music by Make Music NOLA and the Warren Easton Marching Band!

**If you want to race and join our team, it's not too late to sign up as an NOMC charity runner!**

**Call 504-415-3514 for more info!**

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## RUNNER SPOTLIGHT:

### LIZZ FREEMAN

NOMAF Administrative Mama

Lizz has the beauty, brains and the braun! At 8 months pregnant, after getting the go-ahead from the doc, she's walking and fundraising for two!

Show her some love as she waddles her way across the finish line!



New Orleans Darling  
LENA PRIMA

A New Orleans native, Lena is the youngest daughter of the legendary Louis Prima - and in between training and gigging she had the time to put out her [4th album!](#) Lena is so proud to cross the finish line for the NOMC to keep New Orleans Music ALIVE!



Grammy Nominated  
HOT 8 BRASS BAND

These guys are walking examples of the clinic's preventive health initiative. Members of our weekly NOMC Brass Band Yoga class, these guys keep the beat ALIVE as leaders for health in the community! Support their team journey!



In Memory  
TEAM BRETT

Team Brett is made of fifteen family members and friends running in memory of beloved Brett Doussan. Brett was a friend to many - we will honor him at the end of the race at our special NOMC stage. #DWAICO - Don't Worry About It, Chill Out!



[The Danish Invasion](#)  
[ELISABETH BOERCH](#)

Fresh in from Denmark on holiday with her family, Elisabeth is running after battling Breast Cancer diagnosed at 9 months pregnant! She has travelled a long way to be here. Help her give back to her favorite New Orleans charity and the musicians who have given her and the entire world so much!



[NOMAF Program Director](#)  
[STACEY MORIGEAU](#)

This is Stacey's first time in a major race and she's winning the office fundraising competition! Help her secure her bragging rights! This lady gives so much of her talent to NOMAF, WWOZ and the musician community- cheer her on in style!

[The Original Team NOMC](#)  
[WARREN EASTON](#)

From Mardi Gras Parades to 10K, these are true Athletes in the Arts! Allstate Sugar Bowl Crescent City Classic generously donated bibs for 125 high school students from our Warren Easton Marching Band team. Show your support for our youth running initiative!



[NOMAF Web & Video Guru](#)  
[KARI ELGIN](#)

Loyola grad, Kari Elgin, came to NOMAF more than a year ago after interning for Roots of Music. Our web videos and Facebook page have never looked better! She still needs some help pushing over her \$200 goal so throw her some love!!

[Brass Band Wrangler](#)  
[ALLISON REINHARDT](#)

Allison is a beloved member of the Brass Band community. She co-founded [The Roots of Music](#), a marching band after school program empowering youth. She manages NOMC's brass band wellness initiatives in addition to coordinating the re-opening of the [Historic Carver Theatre](#)! Show Allison some love and donate!



[NOMAF Managing Director](#)  
[ERICA DUDAS](#)

Oh how Erica loves the yearly Allstate Sugar Bowl Crescent City Classic! She just signed up for her first marathon in October - this weekend she's looking forward to running a good race and supporting her favorite charity! She hopes you will too (office bragging rights wouldn't be so bad either!)

[View the Entire Team](#)  
[NOMC and DONATE!](#)

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