



**September is National Suicide Prevention Awareness Month.**

Every 13 hours someone in Louisiana dies by suicide. Suicide rates are higher in New Orleans, especially among the creative community, and we all know someone affected by it.

Too often, the feelings of shame and stigma prevent those that are suffering from talking openly. We believe in the power of treatment and connectedness. Take the time to reach out to friends or loved ones, and support mental health advocacy in your community.

Suicide is preventable - learn how you can be a part of the solution!

# Suicide Facts & Figures:

## Louisiana 2018\*



On average, one person dies by suicide every 13 hours in the state.

Nearly four times as many people in Louisiana die by suicide than by HIV.

The total deaths to suicide reflect a total of 14,429 years of potential life lost (YPLL) before age 65.



Suicide cost Louisiana a total of **\$675,990,000** of combined lifetime medical and work loss cost in 2010, or an average of **\$1,213,626 per suicide death**.

\*Based on most recent 2016 data from CDC. Learn more at [afsp.org/statistics](http://afsp.org/statistics).



### 11th leading cause of death in Louisiana

**3rd leading** cause of death for ages 15-34

**10th leading** cause of death for ages 55-64

**6th leading** cause of death for ages 45-54

**17th leading** cause of death for ages 65 & older

#### Suicide Death Rates

	Number of Deaths by Suicide	Rate per 100,000 Population	State Rank
Louisiana	677	14.13	30
Nationally	44,695	13.42	

[afsp.org/StateFacts](http://afsp.org/StateFacts)



## Resources

## News & Events from NOMC

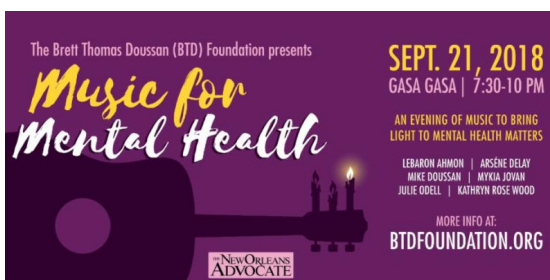


### Tuesday Taco Suppers

Enjoy a healthy meal, live music, ear acupuncture, chair massages and more self-care resources every Tuesday from 5-7pm at Buffa's\*!

\*All Tuesday Taco Suppers are alcohol free

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### Music for Mental Health

The **Brett Thomas Doussan Foundation** gathers musicians and mental health advocates for an evening of storytelling and performance to bring light to mental health matters and benefit local efforts

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## 2018 NAMI WALK Team

Second line through the oaks in Audubon Park on Oct. 6th to raise money and awareness for mental health services at [NAMI New Orleans](#)

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## Care For Creatives

The NOMC and [Southern Rep Theatre](#) team up to offer a full line-up of mental health self-care activities and resources for local creatives

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## 'The Gong Show' Benefits Mental Health Services

*There will be goats!* The 4th Annual Gong Show at the [Blue Nile](#) benefits mental health services for NOMC patients

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*Your support keeps New Orleans culture alive! All gifts are 100% tax deductible.*

GIVE

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Keep In Touch!

