

# THE SOUND SLEEP INITIATIVE



In 2016, the New Orleans Musicians' Clinic and Assistance Foundation partnered with [Doerr Furniture](#) and [WVOZ New Orleans](#) to create the Sound Sleep Initiative. The SSI provides one mattress a week to local performers who need it most. The life of a working musician typically involves stress, late nights and irregular sleeping schedules. Lack of sleep can have serious overall health consequences, so the NOMC, DOERR and WVOZ have banded together to ensure local performers' stay healthy and get the good night sleep they need.

This partnership encourages wellness among compliant patients of the New Orleans Musicians' Clinic. If you'd like to learn more, email [info@nomaf.org](mailto:info@nomaf.org).