



DEPRESSION
 ANXIETY
 INABILITY TO FOCUS

DISRUPTED SLEEP PATTERNS
 SHRINKING BRAIN TISSUE
 (cognitive)
 PANIC DISORDERS

MUSCLE
 TENSION

TINNITUS (permanent ringing in the ears)
 INABILITY TO HEAR SOFT SOUNDS
 INTOLERANCE OF LOUD SOUND
 PERMANENT HEARING LOSS
 PITCH DISCRIMINATION PROBLEMS
 (hard to stay in tune)

ABNORMAL HEART RHYTHM
 (your heart tries to sync to the beat of music)

RESTRICTED BLOOD FLOW
 (hardening or narrowing of arteries
 due to heart diseases restricts
 blood flow to the cochlea, which is
 responsible for your hearing ability)

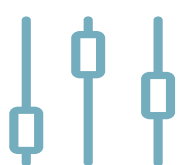
PATIENTS WITH DIABETES
 are more likely to suffer
 hearing loss as high blood
 glucose obstructs blood flow
 to cochlea. Diabetes can lead
 to an inability to flush toxins
 from inner ears.

DID YOU KNOW?

1 out of every 8 people between the ages 18 - 67
 in the USA has some level of hearing loss.



CHRONIC CONDITIONS
 CAN EXACERBATE
 HEARING LOSS.



MODERATE NOISE LEVEL
 GETS THE CREATIVE
 JUICES FLOWING.



SMOKING CONSTRICTS BLOOD
 VESSELS AND SMOKERS
 ARE MORE SUSCEPTIBLE TO
 HEARING DAMAGE.